

TEST REPORT NO 175587/25/GDY

Client NADARRA GmbH Harvesterhuder Weg 48 20149 Hamburg		Sample (according to declaration of Client) Sample description: Erholung Nadarra, 120 capsules Batch: ERN/26022025 Production date: 26.02.2025 Expiry date: 26.02.2027	
Sample reception date: 15.03.2025 Start of analysis: 26.03.2025 End of analysis: 27.03.2025 Test report date: 27.03.2025	Sample status: no objections Sample received from the Client		

Test Method	Unit	Result	Criteria	Statement of conformity
* Vitamin B2 (ryboflawin) ^{1) 2) 3) 4) 5)} PN-EN 14152:2014-07	mg/dose	1,59 ± 0,32	1,4 (+50%/-20%)	Pass
Vitamin B ₂ (ryboflawin)	mg/dose	1,59 ± 0,32	1,4 (+50%/-20%)	Pass

- Capsule weight declared by the Client: 800 mg.
- Dose declared by the Client: 2 capsules.
- Guidance Document for competent authorities for the control of compliance with EU legislation on: Regulation (EU) No 1169/2011 of the European Parliament and of the Council of 25 October 2011 on the provision of food information to consumers, amending Regulations (EC) No 1924/2006 and (EC) No 1925/2006 of the European Parliament and of the Council, and repealing Commission Directive 87/250/EEC, Council Directive 90/496/EEC, Commission Directive 1989/10/EEC, Directive 2000/13/EC of the European Parliament and of the Council, Commission Directives 2002/67/EC and 2008/5/EC and Commission Regulation (EC) No 608/2004 and Council Directive 90/496/EEC of 24 September 1990 on nutrition labelling of foodstuffs and Directive 2002/46/EC of the European Parliament and of the Council of 10 June 2002 on the approximation of the laws of the Member States relating to food supplements with regard to the setting of tolerances for nutrient values declared on a label, December 2012. Table 2.
- Client specification.

Authorized by: ID: 1271, Analysis Expert, Vitamin Analysis Laboratory
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 Laboratory address: Chwaszczyńska 180, 81-571 Gdynia
 The results refer only to the samples received. When a measurement uncertainty is given, it is an expanded uncertainty estimated for a coverage factor k=2 at 95% confidence level and is not including sampling uncertainty, unless otherwise stated. When the conformity is stated J.S. Hamilton Poland Sp. z o.o. applies the simple acceptance decision rule in accordance with IAC-08:09:2019, unless otherwise reported. If the "result" column of the accredited method contains a record: " $<$ " or " $>$ ", it means that it is the test outcome directly related to the lower or upper limit of the measuring range of the accredited method, whereas the given expanded measurement uncertainty relates only to the lower or upper limit of the measuring range of the accredited method respectively. In such a case, the Laboratory presents the opinion and interpretation in the "statement of conformity" column, which is based on the obtained test outcome. This test report may not be copied in part without the prior written permission of J.S. Hamilton Poland Sp. z o.o. The responsibility of J.S. Hamilton Poland Sp. z o.o. is limited solely to the data issued in its original. J.S. Hamilton Poland Sp. z o.o. does not permit the use of the PCA accreditation symbol AB 079 by customers, subcontractors, external service providers and other third parties. For further information please refer to the PCA document DA-02. The service confirmed by this report is subject to the General Terms and Conditions of Services of J.S. Hamilton Poland Sp. z o.o. published on www.hamilton.com.pl.
 * Test method accredited
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 TESTING LABORATORY
 Chwaszczyńska 180, 81-571 Gdynia, Poland tel. +48 58 766 99 00

TEST REPORT NO 175588/25/GDY

Client NADARRA GmbH Harvesterhuder Weg 48 20149 Hamburg		Sample (according to declaration of Client) Sample description: Erholung Nadarra, 120 capsules Batch: ERN/26022025 Production date: 26.02.2025 Expiry date: 26.02.2027	
Sample reception date: 15.03.2025 Start of analysis: 26.03.2025 End of analysis: 27.03.2025 Test report date: 27.03.2025	Sample status: no objections Sample received from the Client		

Test Method	Unit	Result	Criteria	Statement of conformity
* Vitamin B6 (pirydozyn) ^{1) 2) 3) 4) 5)} PN-EN 14164:2014-08	mg/dose	1,38 ± 0,28	-	-
Vitamin B ₆ (pyridoxine hydrochloride)	mg/dose	1,38 ± 0,28	-	-
Vitamin B ₆ (pyridoxine)	mg/dose	1,14 ± 0,23	1,4 (+50%/-20%)	Pass

- Dose declared by the Client: 2 capsules.
- Capsule weight declared by the Client: 800 mg.
- Guidance Document for competent authorities for the control of compliance with EU legislation on: Regulation (EU) No 1169/2011 of the European Parliament and of the Council of 25 October 2011 on the provision of food information to consumers, amending Regulations (EC) No 1924/2006 and (EC) No 1925/2006 of the European Parliament and of the Council, and repealing Commission Directive 87/250/EEC, Council Directive 90/496/EEC, Commission Directive 1989/10/EEC, Directive 2000/13/EC of the European Parliament and of the Council, Commission Directives 2002/67/EC and 2008/5/EC and Commission Regulation (EC) No 608/2004 and Council Directive 90/496/EEC of 24 September 1990 on nutrition labelling of foodstuffs and Directive 2002/46/EC of the European Parliament and of the Council of 10 June 2002 on the approximation of the laws of the Member States relating to food supplements with regard to the setting of tolerances for nutrient values declared on a label, December 2012. Table 2.
- Client specification.

Authorized by: ID: 758, Analysis Expert, Vitamin Analysis Laboratory
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 Chwaszczyńska 180, 81-571 Gdynia, Poland tel. +48 58 766 99 00

TEST REPORT No: B/0/03/2025/551/E/EN

Customer: Nadarra GmbH 20149 Hamburg, Harvesterhuder Weg 48 Order no: B/0/03/2025/551 A - accredited methodology (accreditation no. AB 1095), reference – if the law so provides (the result can be used to assess compliance in the legally regulated area).	
Material/product tested: Dietary supplements Sample collection address: Product name: Erholung Nadarra, 120 capsules Date of production: 26.02.2025 Lot number: ERN/26022025	Received by: GBA POLSKA employee no.: 2729 Sampling according to: - Samples transported by: Shipping Sample no.: 24486 03/25 Sample condition: correct Analysis start date: 13-03-2025 Analysis end date: 25-03-2025

Lab.	Vitamin parameter	Unit	Accred.	Test method	Requirement	Result	U	S	OI
M	Vitamin B12 content (as methylcobalamin)	µg	A	PB-304LE ed. 2 of 26.03.2025	no requirements	629	126	-	-

* "Data" regarding the method of obtaining the sample by GBA POLSKA, it is the date of collection (when the sample is collected only by a GBA POLSKA employee) or (when the sample is collected from the Customer by a GBA POLSKA employee, is delivered by a courier company or delivered personally by the Customer).
 U - expanded measurement uncertainty at the level of confidence exp. 95% and the coverage factor k=2, does not take into account the sampling uncertainty, except when indicated in the results. Measurement uncertainty is presented when it is important for the reliability of test results or compliance with the requirements specified in the report of the Customer. The "test result" higher or lower than the acceptance ranges of methods are presented as " $<$ " value of the lower limit of the measuring range "or" " $>$ " value of the upper limit of the measuring range, respectively. These values provide information about the research. If expanded measurement uncertainty is given with these test results, they apply to the lower or upper limit of the measuring range of the method.
 S - Statement of Conformity with the requirements or specifications relating to the results for the parameters indicated in a given row, where CONFORMING means conformity and NON CONFORMING means non-conformity with specifications. The decision rules agreed with the Customer and the risks associated with it, as well as the characteristics of which specifications, standards or parts based on test results are not, are provided in the Remarks. In case of obtaining the "test results", the Statement of Conformity for those "test results" that are used for the requirements of PCA Commission No. 313 of August 24, 2021, is carried out as method control and acceptance.
 OI - opinion and interpretation of the Laboratory in relation to the qualitative results/results obtained below the method range, where MEET means complying with the requirement and NOT MEET means not complying with the requirement.
 The results refer only to the samples received. When a measurement uncertainty is given, it is an expanded uncertainty estimated for a coverage factor k=2 at 95% confidence level and is not including sampling uncertainty, unless otherwise stated.
 The information in italics included in the Test Report was provided by the Customer. The laboratory is not responsible for this information. The laboratory is not responsible for the method of sampling and the method used for the analysis.
 The Test Report without the written approval of the Laboratory shall not be reproduced except in full.
 The Laboratory does not permit the copying, other writing, making interviews signed with the Customer.
 Place of performance of the tests: (Lab "L"): L - Łajka, ul. Kotwicka 2a, 05-119 Lipowos, L - ul. Doświadczalna 50a, 20-280 Lublin, M - ul. Fabryczna 7, 41-404 Myłowice, P - ul. Kazimierza Tymszowskiego 34, 60-861 Poznań, P5 - in situ measurement.
 NOTE: Original Test Report are issued in electronic form with the "pdf" extension, signed with a qualified electronic signature. Therefore, all prints, makes certified as true copies, are copies.

Remarks: Information from the Client-expected content of Vitamin B12 in the form of methylcobalamin: 5 µg/capsule, 10 µg/daily dose. Daily dose 2 capsules. Capsule weight 800mg.
 Vitamin B12-Me = 503 ± 1.01 µg/caps (800mg).

Created on: 25-03-2025 Authorized result: GBA POLSKA employee no.: 2522 Authorized Test report: Documentation specialist for the food testing industry GBA POLSKA employee no.: 2942 Signed with a qualified electronic signature

Report prepared in a single copy Original of PDF: Customer, copy of PDF to: Laboratory archive
 The end of the Test Report

TEST REPORT NO 175584/25/GDY

Client NADARRA GmbH Harvesterhuder Weg 48 20149 Hamburg		Sample (according to declaration of Client) Sample description: Erholung Nadarra, 120 capsules Batch: ERN/26022025 Production date: 26.02.2025 Expiry date: 26.02.2027	
Sample reception date: 15.03.2025 Start of analysis: 20.03.2025 End of analysis: 21.03.2025 Test report date: 21.03.2025	Sample status: no objections Sample received from the Client		

Test Method	Unit	Result	Criteria	Statement of conformity
* Magnesium (Mg) ^{1) 2) 3) 4) 5)} PB-36/ICP ed. 8 of 29.12.2022	mg/dose	121 ± 31	120 (-20%/+45%)	Pass
Magnesium (Mg)	mg/dose	121 ± 31	120 (-20%/+45%)	Pass

- Capsule weight declared by the Client: 800 mg.
- Dose declared by the Client: 2 capsule.
- Packaging label.
- Guidance Document for competent authorities for the control of compliance with EU legislation on: Regulation (EU) No 1169/2011 of the European Parliament and of the Council of 25 October 2011 on the provision of food information to consumers, amending Regulations (EC) No 1924/2006 and (EC) No 1925/2006 of the European Parliament and of the Council, and repealing Commission Directive 87/250/EEC, Council Directive 90/496/EEC, Commission Directive 1989/10/EEC, Directive 2000/13/EC of the European Parliament and of the Council, Commission Directives 2002/67/EC and 2008/5/EC and Commission Regulation (EC) No 608/2004 and Council Directive 90/496/EEC of 24 September 1990 on nutrition labelling of foodstuffs and Directive 2002/46/EC of the European Parliament and of the Council of 10 June 2002 on the approximation of the laws of the Member States relating to food supplements with regard to the setting of tolerances for nutrient values declared on a label, December 2012. Table 2.

Authorized by: ID: 371, Senior Analysis Specialist, Spectrometry Laboratory
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TEST REPORT NO 175586/25/GDY

Client NADARRA GmbH Harvesterhuder Weg 48 20149 Hamburg		Sample (according to declaration of Client) Sample description: Erholung Nadarra, 120 capsules Batch: ERN/26022025 Production date: 26.02.2025 Expiry date: 26.02.2027	
Sample reception date: 15.03.2025 Start of analysis: 24.03.2025 End of analysis: 14.04.2025 Test report date: 14.04.2025	Sample status: no objections Sample received from the Client		

Test Method	Unit	Result	Criteria	Statement of conformity
* 5-Hydroxytryptophan (5-HTP) ¹⁾ SOP 3.1.76	mg/dose	45,43 ± 2,27	-	-
5-Hydroxytryptophan (5-HTP)	mg/dose	45,43 ± 2,27	-	-

- Dose declared by the Client: 1600 mg.
- Test: Hydroxytryptophan (5-HTP) was performed in laboratory Certified Laboratories, Inc. Tustin United States of America

Authorized by: ID: 1091, Laboratories Communication Specialist, Cooperation with Laboratories Section
 The test report bears the certified electronic seal of J.S. Hamilton Poland Sp. z o.o.
 Laboratory address: Chwaszczyńska 180, 81-571 Gdynia
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TEST REPORT NO 175585/25/GDY

Client NADARRA GmbH Harvesterhuder Weg 48 20149 Hamburg		Sample (according to declaration of Client) Sample description: Erholung Nadarra, 120 capsules Batch: ERN/26022025 Production date: 26.02.2025 Expiry date: 26.02.2027	
Sample reception date: 15.03.2025 Start of analysis: 24.03.2025 End of analysis: 22.04.2025 Test report date: 22.04.2025	Sample status: no objections Sample received from the Client		

Test Method	Unit	Result	Criteria	Statement of conformity
* 5-Methyltetrahydrofolate (5-MTHF) ^{1) 2) 3) 4) 5) 6) 7) 8) 9) 10) 11) 12) 13) 14) 15) 16) 17) 18) 19) 20) 21) 22) 23) 24) 25) 26) 27) 28) 29) 30) 31) 32) 33) 34) 35) 36) 37) 38) 39) 40) 41) 42) 43) 44) 45) 46) 47) 48) 49) 50) 51) 52) 53) 54) 55) 56) 57) 58) 59) 60) 61) 62) 63) 64) 65) 66) 67) 68) 69) 70) 71) 72) 73) 74) 75) 76) 77) 78) 79) 80) 81) 82) 83) 84) 85) 86) 87) 88) 89) 90) 91) 92) 93) 94) 95) 96) 97) 98) 99) 100) 101) 102) 103) 104) 105) 106) 107) 108) 109) 110) 111) 112) 113) 114) 115) 116) 117) 118) 119) 120) 121) 122) 123) 124) 125) 126) 127) 128) 129) 130) 131) 132) 133) 134) 135) 136) 137) 138) 139) 140) 141) 142) 143) 144) 145) 146) 147) 148) 149) 150) 151) 152) 153) 154) 155) 156) 157) 158) 159) 160) 161) 162) 163) 164) 165) 166) 167) 168) 169) 170) 171) 172) 173) 174) 175) 176) 177) 178) 179) 180) 181) 182) 183) 184) 185) 186) 187) 188) 189) 190) 191) 192) 193) 194) 195) 196) 197) 198) 199) 200) 201) 202) 203) 204) 205) 206) 207) 208) 209) 210) 211) 212) 213) 214) 215) 216) 217) 218) 219) 220) 221) 222) 223) 224) 225) 226) 227) 228) 229) 230) 231) 232) 233) 234) 235) 236) 237) 238) 239) 240) 241) 242) 243) 244) 245) 246) 247) 248) 249) 250) 251) 252) 253) 254) 255) 256) 257) 258) 259) 260) 261) 262) 263) 264) 265) 266) 267) 268) 269) 270) 271) 272) 273) 274) 275) 276) 277) 278) 279) 280) 281) 282) 283) 284) 285) 286) 287) 288) 289) 290) 291) 292) 293) 294) 295) 296) 297) 298) 299) 300) 301) 302) 303) 304) 305) 306) 307) 308) 309) 310) 311) 312) 313) 314) 315) 316) 317) 318) 319) 320) 321) 322) 323) 324) 325) 326) 327) 328) 329) 330) 331) 332) 333) 334) 335) 336) 337) 338) 339) 340) 341) 342) 343) 344) 345) 346) 347) 348) 349) 350) 351) 352) 353) 354) 355) 356) 357) 358) 359) 360) 361) 362) 363) 364) 365) 366) 367) 368) 369) 370) 371) 372) 373) 374) 375) 376) 377) 378) 379) 380) 381) 382) 383) 384) 385) 386) 387) 388) 389) 390) 391) 392) 393) 394) 395) 396) 397) 398) 399) 400) 401) 402) 403) 404) 405) 406) 407) 408) 409) 410) 411) 412) 413) 414) 415) 416) 417) 418) 419) 420) 421) 422) 423) 424) 425) 426) 427) 428) 429) 430) 431) 432) 433) 434) 435) 436) 437) 438) 439) 440) 441) 442) 443) 444) 445) 446) 447) 448) 449) 450) 451) 452) 453) 454) 455) 456) 457) 458) 459) 460) 461) 462) 463) 464) 465) 466) 467) 468) 469) 470) 471) 472) 473) 474) 475) 476) 477) 478) 479) 480) 481) 482) 483) 484) 485) 486) 487) 488) 489) 490) 491) 492) 493) 494) 495) 496) 497) 498) 499) 500) 501) 502) 503) 504) 505) 506) 507) 508) 509) 510) 511) 512) 513) 514) 515) 516) 517) 518) 519) 520) 521) 522) 523) 524) 525) 526) 527) 528) 529) 530) 531) 532) 533) 534) 535) 536) 537) 538) 539) 540) 541) 542) 543) 544) 545) 546) 547) 548) 549) 550) 551) 552) 553) 554) 555) 556) 557) 558) 559) 560) 561) 562) 563) 564) 565) 566) 567) 568) 569) 570) 571) 572) 573) 574) 575) 576) 577) 578) 579) 580) 581) 582) 583) 584) 585) 586) 587) 588) 589) 590) 591) 592) 593) 594) 595) 596) 597) 598) 599) 600) 601) 602) 603) 604) 605) 606) 607) 608) 609) 610) 611) 612) 613) 614) 615) 616) 617) 618) 619) 620) 621) 622) 623) 624) 625) 626) 627) 628) 629) 630) 631) 632) 633) 634) 635) 636) 637) 638) 639) 640) 641) 642) 643) 644) 645) 646) 647) 648) 649) 650) 651) 652) 653) 654) 655) 656) 657) 658) 659) 660) 661) 662) 663) 664) 665) 666) 667)}				